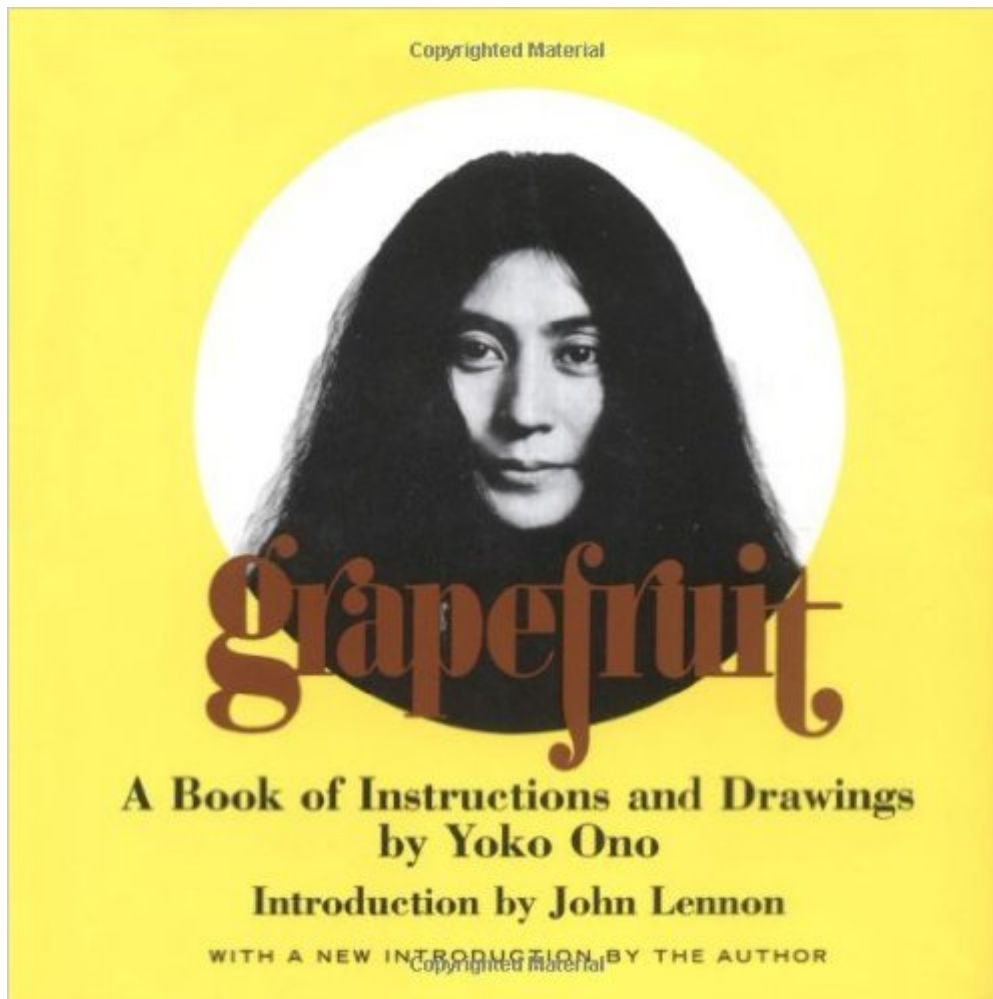


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# Grapefruit: A Book Of Instructions And Drawings By Yoko Ono



## Synopsis

Back in print for the first time in nearly thirty years, here is Yoko Ono's whimsical, delightful, subversive, startling book of instructions for art and for life. "Burn this book after you've read it." -- Yoko "A dream you dream alone may be a dream, but a dream two people dream together is a reality." "This is the greatest book I've ever burned." -- John

## Book Information

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Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (58 customer reviews)

Best Sellers Rank: #43,244 in Books (See Top 100 in Books) #3 in [Books > Arts & Photography > Music > Musical Genres > Reggae](#) #8 in [Books > Humor & Entertainment > Pop Culture > Beatles](#) #72 in [Books > Literature & Fiction > United States > Anthologies](#)

## Customer Reviews

Since 1968, Yokophobia has prevented people from perceiving reality correctly. Yokophobia was brought on largely because John Lennon was "supposed" to marry a white woman, oh, and, another thing, because the Beatles broke up. Since she has been blamed for this, shattering the delusion that a rock band should last forever (look at the Rolling Stones now for goodness sake!), people have been unusually mean-spirited in their assessment of her work. I can understand why people shy away from her more avant-garde musical output, often consisting of ear-shattering screams (I am one of those sickos that just happens to love it!). But "Grapefruit," one of the most widely distributed pieces of Fluxus-connected/inspired "performance art," is simply irresistible. (Remember, Yoko had a career as an avant-garde artist before she met John Lennon--they met at one of her art exhibits in 1967.) It is serious, excruciatingly humorous and regularly induces smiles--all while simultaneously encouraging its readers to think abstractly, artistically, creatively and irreverently. "Grapefruit" is a breath of fresh sky-blue air from the woman who once asked (on the b-side of John Lennon's "Instant Karma") "Who Has Seen the Wind?" "Grapefruit" is filled, for the most part, with short, koan-like "pieces" such as "Wall Piece for Orchestra." Yoko directs the piece as follows: "Hit a

wall with your head." In "Overtone Piece," Yoko writes, "Make music only with overtones." In the painting pieces section, she instructs her reader, in "Painting for the Wind," to "Make a hole. / Leave it in the wind.

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